

# Helen's PIZZA

Family Owned Since 1968

**Corporate Accounts Welcome**

**FAST DELIVERY**  
MIN. \$10 FOR DELIVERY  
75¢ DELIVERY FEE

Ask About our Big Game Day Specials

VISA M.C. A.M.E.X.

## 201-435-1507

183 NEWARK AVE. JERSEY CITY, NJ

## Pizza

	Plain Pizza	Sicilian Pizza	10" Pizza	16" Pizza	18" Pizza	Sicilian Pizza
Plain	2.25	2.50	7.75	12.95	13.95	15.00
One Topping	2.75	3.00	8.75	15.95	16.95	17.25
Two Toppings	3.25	3.25	9.75	17.75	18.75	19.50
Special	3.25	3.75	11.25	19.75	20.75	20.75
Veggie Special	3.25	3.75	11.25	19.75	20.75	20.75
Greek Special	3.25	3.25	9.75	17.75	18.75	20.50
White Pizza	2.75		10.50	16.00	17.00	
Hawaiian Special	3.25		10.50	17.75	18.75	19.50
Valentino			11.00	19.75	20.75	
Lasagna			11.00	19.75	20.75	21.75
Mexican			11.00	19.75	20.75	21.75
Chicken Fantasy			11.00	19.75	20.75	21.75
Baked Ziti			11.00	19.75	20.75	21.75
Cheese Steak			11.00	19.75	20.75	21.75
Margarita			11.00	19.75	20.75	

## Available Toppings

Sausage • Pepperoni • Meatballs • Ham • Gyro Meat  
Zucchini • Anchovies • Bacon • Mushrooms • Peppers  
Onions • Broccoli • Spinach • Olives • Tomatoes  
Fresh Garlic • Grilled Chicken • Fresh Mozzarella  
Roasted Peppers • Chicken • Eggplant • Pineapple



## CATERING MENU

	Small	Large
Ziti or Spaghetti	20.00	35.00
Baked Ziti	30.00	55.00
Lasagna (Meat)	35.00	65.00
Stuffed Shells	30.00	55.00
Baked Ravioli	30.00	55.00
Manicotti	30.00	55.00
Sausage Peppers	30.00	50.00
Meatballs	35.00	65.00
Chicken Parmesan	45.00	85.00
Marinated Grilled Chicken	55.00	100.00
Chicken Francese	55.00	100.00
Chicken Marsala	30.00	50.00
Antipasto Salad	30.00	50.00
Greek Salad	20.00	35.00
Tossed Salad	35.00	60.00
Ziti with Broccoli & Garlic	45.00	
Veggie Tray with Dip	60.00	
Cold Cut Tray	35.00	65.00
Buffalo Wings	40.00	75.00
Chicken Fingers	35.00	65.00
Roasted Veggies	40.00	70.00
Grilled Chicken Salad		

**Cold Subs**  
3 Foot \$45.00  
4 Foot \$60.00  
6 Foot \$90.00

Full Trays Feeds 10/12 People  
1/2 Trays Feeds 5/7 People

## Appetizers

Buffalo Chicken Fingers	\$6.95
Chicken Fingers with Fries	\$6.95
Mussels in Sauce	\$6.50
Mozzarella Sticks	\$4.95
Zucchini Sticks	\$4.95
Onion Rings	\$2.75
Fries	\$2.50
Fried Calamari	\$7.95
Chicken Fingers with Cheese Fries	\$7.50
Hot Wings	\$4.95 / \$6.95
Fries with Cheese	\$2.95
Garlic Bread	\$2.50
Jamaican Beef Patty	\$2.00
Jamaican Patty with Cheese	\$2.50
Jamaican Patty with Cheese & Pepperoni	\$3.00
Spinach Pie	\$3.25
Garlic Knots (3)	\$1.25

## Salad

	Small	Large
Chief Salad	\$5.95	\$7.95
Tossed salad with lettuce and tomato, turkey and cheese.		
Antipasto Salad	\$5.95	\$7.95
Ham, salami and cheese.		
Greek Salad	\$5.95	\$7.95
Tossed salad with feta cheese.		
Tossed Salad	\$3.95	\$5.95
Lettuce, tomatoes, onions, olives and cucumbers.		
Tuna Salad	\$5.95	\$7.95
Caesar Salad	\$4.25	\$6.95
Grilled Chicken Salad	\$6.25	\$7.95
Caesar Salad with Grilled Chicken	\$5.95	\$7.95
Potato Salad	\$1.50	
Macaroni Salad	\$1.50	
Cole Slaw	\$1.50	

Add Grilled Chicken to Any Salad For Only \$2.50

## Cold Sub Sandwiches

Ham, Salami & Cheese	\$5.00
Ham & Cheese	\$5.00
Ham, Salami, Capicola & Cheese	\$5.00
Ham, Turkey & Cheese	\$5.00
Salami, Pepperoni & Cheese	\$5.00
Ham, Salami, Pepperoni & Cheese	\$5.00
Salami & Cheese	\$5.00
Turkey	\$5.00
Tuna Fish	\$5.00
Tuna with Cheese	\$5.00
Turkey with Cheese	\$5.00

## Hot Sub Sandwiches

Grilled Chicken w/Fresh Mozzarella & Plum Tomatoes	\$6.50
BBQ Chicken w/Monterey Jack Cheese	\$6.50
Sausage Peppers & Onions	\$5.95
Sausage Parmesan	\$6.50
Meatball	\$5.95
Meatball Parmesan	\$6.50
Chicken Parmesan	\$6.50
Chicken, Lettuce, Tomato & Onions	\$5.95
Veal	\$5.95
Veal Parmesan	\$6.50
Eggplant Parmesan	\$6.50
Steak, Peppers & Onions	\$5.95
Cheese Steak Peppers & Onions	\$6.50
Gyro, Lettuce, Tomato, Onion & Sauce	\$5.95
Fish Fillet	\$5.95
Mozzarella Melt	\$4.75
Pepper, Egg & Potato	\$4.75
Hamburger	\$2.75
Cheeseburger	\$2.95
Shrimp Parmesan	\$6.50

## Calzones

Cheese	\$5.00
Pepperoni & Cheese	\$6.00
Sausage & Cheese	\$6.00
Mushroom & Cheese	\$6.00
Broccoli & Cheese	\$6.00
Peppers, Onions & Cheese	\$6.00
Ham & Cheese	\$6.00
Eggplant & Cheese	\$6.00
Spinach & Cheese	\$6.00
Greek Calzone	\$6.00
Meatball & Cheese	\$6.00
Meat Sauce & Cheese Calzone	\$6.00
Chicken & Cheese	\$6.00

## Dinners

Lasagna	\$7.95
Manicotti	\$7.95
Baked Ravioli	\$7.95
Ravioli with Sauce	\$7.95
Stuffed Shells	\$7.95
Baked Ziti	\$7.95
Fish Fillet with Fries	\$7.95
Shrimp & Fries	\$7.95
Gyro Dinner	\$7.25
Broccoli with Grilled Chicken & Garlic	\$6.95
Spaghetti	\$4.75
Ziti	\$4.75

### Spaghetti or Ziti:

Chicken Parmesan	\$8.25
Veal Parmesan	\$8.25
Sausage or Meatballs	\$8.25
Shrimp Parmesan	\$8.25
Eggplant Parmesan	\$8.25
Mussels	\$8.75
Fried Calamari	\$8.75
Veal Marsala	\$12.95
Chicken Marsala	\$12.95
Fettuccini Alfredo	\$8.95
Chicken Francese	\$12.95
Veal Francese	\$12.95
Ziti with Broccoli & Garlic	\$6.95
Grilled Chicken with Fries & Salad	\$7.95

Add 50¢ for Extra Cheese on Dinners

## Rolls

Sausage with Peppers, Onions & Mozzarella Roll	\$4.25
Chicken with Mozzarella Roll	\$4.25
Ham with Mozzarella Roll	\$4.25
Pepperoni with Mozzarella Roll	\$4.25
Broccoli with Mozzarella Roll	\$4.25

## Soups \$2.95

