

## M APPETIZERS

<b>STEAMED P.E.I. MUSSELS</b> White Wine, Lemon, Butter & Garlic	10	<b>MINI CHEESE BURGERS</b> Swiss Cheese & Tabasco Fried Onions	10
<b>PANKO CRUSTED CHICKEN FINGERS</b> Buffalo or Horseradish-Worcestershire Sauce	8	<b>CRAB CAKES</b> Tropical Fruit Salsa & Spicy Aioli	11
<b>GRILLED CHICKEN QUESADILLA</b> Pepper Jack Cheese, Pico Di Gallo & Sour Cream	10	<b>SPINACH &amp; ARTICHOKE DIP</b> Served with Fried Pita Bread	9
<b>BANG BANG SHRIMP</b> Sweet & Spicy Jumbo Shrimp, Cool Dipping Sauce	11	<b>GRILLED PESTO FLAT BREAD</b> Lemon Hummus, Roasted Red Peppers & Imported Olives	9
<b>VEGETABLE SPRING ROLLS</b> Served with a Sweet Chili Soy Sauce	8	<b>SPICY FRIED CALAMARI</b> Marinara & Lemon	10

## M SALADS

<b>CLASSIC CEASAR SALAD</b> Romaine, Parmesan, Croutons, Caesar Dressing	7
<b>HOUSE SALAD</b> Mixed Greens, Imported Olives, Chopped Tomatoes, Roasted Red Peppers & Shredded Carrots, Red Onions in a Balsamic Vinaigrette	8
<b>COBB SALAD</b> Mixed Greens tossed in Ranch Dressing with Bacon, Tomatoes, Hard Boiled Eggs, Grilled Chicken, Red Onions, Blue Cheese & Avocado	11
<b>APPLE &amp; WARM GOAT CHEESE</b> Mixed Greens, Pine Nuts, Tomatoes, Red Onion, in our Signature Raspberry Vinaigrette	10
<b>COCONUT SHRIMP</b> Baby Spinach, Chopped Avocado, Tomato, Red Onion Dried Cherries & Crumbled Blue Cheese tossed in a Sweet Honey Mustard Dressing	12
<b>SOUTHWESTERN CHICKEN</b> Crispy Tortilla Strips, Mixed Greens, Fresh Corn Avocado, Salsa, Black Beans, Tomato, Sour Cream in a Tequila Lime Vinaigrette	10

<b>ADD TO YOUR SALAD</b> Chicken or Bacon 4    Steak or Grilled Shrimp 7
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## M PASTAS

<b>SPINACH &amp; PORTABELLO RAVIOLI</b> Marinara Sauce Topped with Parmesan Cheese	14
<b>FARFALLE CHICKEN</b> Grilled Chicken, Sun Dried Tomatoes In a Tomato Basil Cream Sauce Topped with Parmesan Cheese	14
<b>MAC &amp; CHEESE</b> Penne Pasta Tossed with Mascarpone, Aged Cheddar Parmesan & Gruyere Cheese with Tomatoes & Roasted Mushrooms	9/14
<b>HOME MADE FETTUCINI</b> Mussels, Shrimp and Calamari in a Lemon Butter Sauce	16

# M SANDWICHES

**BURGER** 11  
 8 Oz Certified Angus Beef, Grilled to order and Served with French Fries  
 Lettuce, Tomato, Onion and Pickle

**CHICKEN SANDWICH** 10  
 Grilled Chicken Breast, Tomato Salsa, Jalapeno Cheese  
 Avocado & Chipotle Mayonnaise on Seven Grain Bread, Served with French Fries

**HOMEMADE VEGGIE BURGER** 10  
 Roasted Mushrooms, Red, Green & Napa Cabbage, Onions, Garlic, Carrots,  
 Lentils, Eggplant, Rice, Tofu, Potatoes, Bread Crumbs & Fresh Herbs  
 Served with a Salad

**TUNA WRAP** 11  
 Pan Seared Rare Tuna, Asian Style Vegetables, Teriyaki Sauce  
 & Wasabi Mayonnaise, Served with Salad

**STEAK WRAP** 11  
 Grilled Hanger Steak Tips, Caramelized Onions  
 Goat Cheese & Horseradish Cream, Served with Salad

# M ENTREES

**STUFFED CHICKEN BREAST** 16  
 Goat Cheese, Sundried Tomatoes and Spinach in a White Wine Cream Sauce  
 Served with Mashed Potatoes

**BBQ BABY BACK RIBS** 16  
 In our Homemade BBQ Sauce served with Corn on the Cob & Sweet Potato Fries

**PAN ROASTED SALMON** 18  
 Served with Vegetable Risotto and Sautéed Spinach in a Lemon Butter Sauce

**CHAR GRILLED HANGER STEAK** 19  
 Herb Roasted Potatoes, Grilled Asparagus, Onions Rings & Homemade Steak Sauce

**CHICKEN TIKKA MASALA** 16  
 Creamy Spicy Indian Curry, Served with Basmati Rice & Garlic Naan Bread

**PAN ROASTED FLOUNDER FILET** 14  
 Served with Vegetable Fried Rice & Orange Teriyaki Sauce

**PAN SEARED DUCK BREAST** 20  
 Served with Sweet Potato Mash & Sautéed Broccoli, Fig Demi Glaze Reduction

**GUINNESS BRAISED SHORT RIBS** 20  
 Served with Mashed Potatoes, Sautéed Mushrooms & Onions

Side Salad	4	Sweet Potato Mash	5
Roasted Potatoes	5	Mixed Vegetables	5
Sweet Potato Fries	5	Basmati Rice	5
Mashed Potatoes	5	Sautéed Spinach	5
Garlic Naan Bread	4	Risotto	6